



Have you become who you are?

If I only knew what my real purpose in life is?

“There is only one path on earth, no one else can go but you. Where does it lead? Don’t ask, walk it!”

Friedrich Nietzsche

Today a biography is a symphony one can compose. In previous times people would create their own stories too. Stories not as a result of circumstances chosen, but stemming from immediately available and passed on ones (circumstances). The world used to be shaped by religion, community, order and stability. The “new” world bares

staggering changes and opportunities, growing demands for equality and an agonizing uncertain identity. Even catastrophic risks to take a decision, is equal to forcing oneself to make one without the hold of external rules and guidelines. That is by no means always pleasant. In every decision there is a component of uncertainty, insecurity and risk. Decisions – which aren't findings – are always made without knowing exactly where it will lead.

Choosing a career is usually the first time in our biography we face this basic fact of modern existence. One is individually empowered to decide and configure important life traits, which in the past were clearly settled and regulated by the society at the time.

Next to the career choice one will have to decide which partner to choose, how to divide house chores, how to educate ones children or not to have any, how to spend free time. What view of the world and humanity one acquires, where to live, what beginnings to follow and so forth.

Modernity sobered mankind. Like soap bubbles it burst the sweet imagination which made life bearable, it leaves us now with daily misery. Without the certainty of God's commandments, without the heroism of saints, without those poems that console us and make the world appear better.

Times are over when love and marriage gave women a moral status and societal esteem. As a woman, a mistress and a mother, the draw was to care for and love, additionally it was the only way to disguise the gender inequality and make it appealing.

The challenge is to live a meaningful life without the dimensions of sanctity, fear of God's commandments and old traditions. We can become our own authority and do not need anyone else to tell us what to do. We have to care for our own and take control of our life. Human will is shaped by the structure of subjective and objective constraints, hence the freedom of choice is one of the most significant advances of modern times.

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To observe our own biography offers a method towards better understanding of oneself as well as others. A closer scrutiny of our biography reveals in mysterious ways patterns of structure which may form our life. It's a radical dispute with oneself, with our own conflicts and social difficulties and the entitled interest for self-fulfillment.

The common thread is often there where something isn't working. Our own problems present themselves over and over.

Disorientation in life, mental abyss, unemployment, challenging and failed relationship, feelings of inadequacy

in raising children are all part of the daily and unavoidable situations in life.

Low points in our life especially moments of crisis, offers us opportunities to develop and open up to the quest for a purpose or a reason to be. These can always be a chance for a new beginning, to develop oneself and generate something new.

Something old appears in a new familiar way. It moves on a different level to define life as a work of art. Something which fine tunes within itself harmoniously, similar to the fine tuning of symphonic harmonies where even discordant tones can exist.

The explorations which lead to the untrodden paths of the past, today lead to the unknown empires of ones own psyche.

Core strength is not equal to having everything under control. Core strength is the affirmative openness toward risk-taking, paired with the audacity and self-confidence to face the unknown.

A biography is very personal, it will lead to a self-fulfilling, self-driven and self-responsible life.

I encourage everyone to actualize their wishes, dreams and plans, allow the development of that which is led by your senses with confidence while mentally analyzing.

It's never too late to unfold your life's blueprint. What would a biography be if it is only of the past?